

Understand Your Decision Making Style - Chart

Add 5 important decisions you have made to the "Decision" Column. Think about how you made the decision. Place a check mark in the column that best describes the strategy you used. Reflect on the outcome of your decision. Put a check mark in the appropriate "Outcome" Column.

| Decision | Style | | | | | | | Outcome | |
|----------|-------------------------------------------------|-----------------------------------------------|------------------------------|--------------------------------|-----------------------------------------------------------|--------------------------------------------------------------|------------------------------------------------------|----------|----------|
| | Gave no thought, just randomly picked an option | Influenced by family, friends or others needs | It felt like the best choice | It felt like the safest choice | Waited until the last minute, forced into making a choice | Listed the pros and cons, chose based on higher pro listings | Fate, chance intervened and made the decision for me | Positive | Negative |
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