

Bachelor of Arts

Psychology



ABOUT THE PROGRAM

In Psychology, human behaviour and cognition are studied to explore the ways people act as individuals and in groups. You will participate in core areas of research methodology, development, social psychology, learning, perception, cognition, neuropsychology, physiological psychology, personality, psychopathology and organizational behaviour. Throughout your degree, you will gain strong analytical, statistical and research skills. Many undergraduates combine Psychology with studies in another academic area such as Child, Youth & Family, Business, Economics, Consumer Studies, English or Computer Science to gain additional practical and theoretical skills throughout their degree. Guelph's Psychology major will allow you to gain insights and skills that will serve you well in any career or prepare you for graduate studies.

WHY CO-OP?

As a co-op student, you will gain relevant work experience, build professional networks and develop essential interpersonal skills needed to succeed in the workplace; all while getting paid and earning your university degree. Guelph's co-op program is unique due to the exceptional level of support provided, including an in-class preparatory course, a personal connection with a Co-op Coordinator to assist you during the employment process, and access to senior student mentors.

COURSE SEQUENCING

In the Psychology co-op program, you will participate in three co-op work terms in addition to eight academic semesters throughout your four years of study, as viewable below:

YEAR	FALL	WINTER	SUMMER
ONE	Academic	Academic	Off
TWO	Academic	Work	Academic
THREE	Work	Academic	Work
FOUR	Academic	Academic	Academic

SAMPLE JOBS

Below are some examples of past Psychology co-op positions.

Customer Programs Assistant

In this role, you are responsible for collecting, validating and reconciling sales data for retail accounts across Canada. You will also deliver presentations and work creatively in group assignments such as event planning. This type of position has a heavy focus on communication and organization of data and requires the ability to multi-task and manage time effectively.

Accessibility Services Assistant

As an Accessibility Services Assistant, you will assist with the coordination of recreational support for customers with disabilities. Duties include researching best practices, updating resource materials, coordinating volunteers, and more. This position will help develop your interpersonal skills, as well as verbal and written communication abilities.

Knowledge Repository Assistant

Many duties will be performed in this role to support the maintenance of a company's data and research records. You will verify data, perform quality assurance checks, create new records, and report changes that are needed. Excellent organization and time management skills are required for this position, and you will actively develop your Microsoft Office proficiency, as well as database management knowledge.

Additional Sample Jobs: Human Resources Generalist Trainee, Policy and Research Assistant, Outdoor Education Teaching Intern, Life Skills Assistant, Data/Research Analyst Assistant, Junior Programmer - Social and Therapeutic, Social Media Representative, Communications Assistant, and more.

SAMPLE EMPLOYERS*

- City of Guelph
- Toronto District School Board
- St. Joseph's Health Centre
- Gambling Research Exchange Ontario

*This shows a sample of recent co-op employers and will vary depending on employer recruitment needs. During a job search, students are encouraged to be actively engaged and are supported in establishing and maintaining their own personal contacts.

SALARY INFORMATION

Students receive compensation from their employer for co-op work terms. The rate of pay will vary depending on a number of factors including the industry, the student's program of study, and work term level. For your reference, a **Co-operative Education Salary Guide** is available on our website, which provides hourly rates (averages and ranges) for each degree program.

SKILLS & KNOWLEDGE ACQUIRED

- Strong analytic and evaluation skills
- Effective communication skills, both written and verbal
- Solid understanding of basic psychological theories and principles
- Ability to work efficiently in groups and independently
- Research skills developed through writing research reports, literature reviews, and seminar papers